



### **Job Description: Ford Sayre Academy U16/U18 Coaches**

Ford Sayre, a growing ski club that supports over 100 youth Alpine skiers in the Upper Valley of New Hampshire and Vermont, is seeking seasonal U16/U18 coaches for the 2024/25 season.

Ford Sayre Memorial Ski Council is a 501(c3) organization established in 1950 to promote sport of skiing in the Upper Valley. This seasonal position reports to the Alpine Head Coach/Director, Kate Anderson. Ford Sayre Alpine primarily skis at the Dartmouth Skiway in Lyme, NH, and Whaleback in Enfield, NH. The club includes members from a number of area towns and schools.

**Position:** Ford Sayre Academy U16/U18 Coaches

#### **Position announcement:**

Ford Sayre Academy (FSA) is currently accepting applications for the position of U16/U18 Alpine Coach. This position is seasonal and requires the applicant to be based in the Upper Valley of Vermont/New Hampshire from November 1st, 2024 through April 15, 2025. The successful applicant will coach the Ford Sayre Academy (FSA) U16/U18 male and female athletes.

#### **Roles and responsibilities:**

- U16/U18 FSA Coaches work with the club's Head Coach/Director and other coaches to design and implement all aspects of pre-season and on-snow training and competitions in accordance with the club's philosophy and training principles.
- Run pre-season dryland and strength/conditioning sessions.
- Plan, execute, and evaluate directed programming which strikes a balance between technical and tactical skills as well as free-skiing, coached drills, and gate training.
- Review and share daily video breakdown and feedback.
- Help coordinate and run the FSA Thanksgiving Colorado camp.
- Help set the race schedule.
- Coordinate the plans and provisions for the team's requirements for out-of-town competitions including transportation, accommodation, equipment, and race entries for athletes.
- Assist Head Coach/Director with venue management and safety.
- Lead athlete equipment selection, preparation, and maintenance.
- Drive the team van to and from practice sessions.

**Expectations:**

U16/U18 FSA coaches are expected to foster an environment that encourages their athletes' development, teamwork, and competitiveness in a rich-learning environment. The individual should have a strong ability to work with athletes across advanced stages of skill, age, and competitiveness.

- Model professional behavior on and off the hill.
- Ability to lift 50 pounds.
- Knowledge of strength and conditioning.
- Level 100 USSS Coach or willingness to complete training before the season begins.
- Adult and Child CPR/First Aid.
- Valid driver's license.

**Compensation and benefits:**

Compensation is based on experience with room for growth. This position is a five-and-a-half-month commitment from November 1st, 2024 through April 15th, 2025. U16/U18 coaches will be provided a ski pass at both Whaleback and the Dartmouth Skiway. Benefits include an Epic Pass, reimbursement for mileage in personal vehicles, and supported advancement in US Ski and Snowboard's Coach Education Programs.

For more information, please contact [kate.anderson@fordsayre.org](mailto:kate.anderson@fordsayre.org).